

BRIDGES

WEDNESDAY, FEBRUARY 19, 2014

FASHION:

Student's Saskatoon style influenced by her northern heritage **P. 4**

GARDENING:

Preserving the past with seed-saving techniques **P. 23**

WINE WORLD:

Sicilian red bright enough to drink all night **P. 27**

A STARPHOENIX COMMUNITY NEWSPAPER

THE ART OF THE POSSIBLE

HOW JASON AEBIG
CANVASSED SUPPORT
FOR THE REMAI ART GALLERY **P. 8**

FREE

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MICHELLE
BERG

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ON THE COVER PG. 6



Jason Aubrey, chair of the Arts & Culture Gallery at Saskatchewan Board, has some criticism about the project, but believes the gallery will be a cultural bonanza for Saskatoon. **STARS PHOTO BY MICHELLE BEARS**

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Dorothy McQueen, who has been part of the Saskatoon International Dance Club for 20 years, strikes a pose by the riverbank where the club rehearses in the summer. **STARS PHOTO BY MICHELLE BEARS**

BRIDGES COVER PHOTO BY MICHELLE BEARS

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FASHION YXE

What's your favourite look for winter?
Send a note to bridges@thestarphoenix.com

SASKATOON FASHION

Krystal Manwell: Fashion with a northern influence

By Michelle Berg

Krystal Manwell was born in Inuvik, N.W.T., and has been living in Saskatoon for the last two years. She is finishing her degree in psychology at the University of Saskatchewan and plans on moving back north to develop programs and workshops to help youth with seasonal affective disorder through art, psychology and her past experiences.

Manwell's winter attire is influenced by her northern upbringing where everybody wore their mail underwear, big Sorel boots and down-filled jackets. She still wears the mail underwear almost every day.

"In the city (Saskatoon) where I see folks wearing mile shirts while it's -40 degrees outside it's more laughable than it is a fashion trend."

Manwell admits she has a thing for leg zips and leg warmers and that they still serve a purpose.

She believes it is important to stay warm instead of looking great, especially during the winter months since she spends a lot of time outdoors.

She also enjoys Saskatoon's sunny winters.

"At home it was always dark. It's cool to see the sun and cold at the same time with the sun."

She goes snowshoeing, sledding and takes her dog, Kolbe, to the dog park multiple times per week.

However, Manwell sometimes finds it hard to fit in before-winter. She has never noticed that she's warm since she was 12 but doesn't wear them here because she doesn't want the (someones' negative) attention.

"It's a bit in the north but may not be socially acceptable in the city," she explains.

She grew up where mukluks were kind of mandatory because you needed them to get around where as here people wear mukluks and mini skirts.

She is used to 80-year-old elders wearing mukluks and new 18-year-old college kids wearing them—even in the summer.

"It's kind of strange and almost a weird slogan in the South to the outdoors."

When it comes to fashion, Manwell believes that everyone makes their own and that your family background has a lot to do with it.

"I don't think of it (what you wear) as fashion but as more of a lifestyle. Sometimes you just wear what you wear because you want to be warm."

"It keeps you warm, wear it!"

Outfits:

KRYSTAL

- 1 TOQUE:** Lowman City (left side)
- 2 JACKET:** Hanes (hood for -60°C weather)
- 3 PANTS:** Couch (Christmas present from mom)
- 4 MITTENS:** Hot pants
- 5 LEGGINGS:** Christmas present "they have wolf faces on them, reminds me of home"
- 6 LEG WARMERS:** Christmas present from her sister
- 7 BOOTS:** Le Chateau

KOLBE (DOG)

- 1 TOQUE:** from Peru

Krystal Manwell and her dog Kolbe keep warm in style at the Furdale dog park. BRIDGES PHOTO BY MICHELLE BERG



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IN THE CITY

FEBRUARY 12, 2014 - 10:15 A.M.

Good vibrations



An excited two-year-old Mason Brown feels the vibrations of the double bass during Colours — Time for Toddlers at the Salvation Symphony Orchestra's Community Centre. The event is specifically designed for two- to four-year-old music lovers to discover the colours and rhythms of music. The SYO's next Time for Toddlers event is on April 10. **PHOTOS BY MICHAEL REBO**

YOUR FAVOURITE PLACE

Bridges wants to hear about your favourite place in Saskatoon! Email bridges@thestarphoenix.com

MY FAVOURITE PLACE

A dance floor by the river

By Sean Trembath

The path of riverbank just north of the Southborough Hotel in Saskatoon is covered in snow this time of year, but in the summer you can go to see dancers from all over the world.

Dorothy McQueen has been a member of the Saskatoon International Folkdance Club for 20 years. During the warmer months, the club spends one night a week on the riverbank, showing off their traditional moves. McQueen speaks with Bridges about the riverbank and the history of the club.

Q: Tell me about the club's history with the riverbank.

A: The club has been in town for 55 years, and I think that since it became an incorporated club, they used the riverbank. We dance for three hours every Thursday evening, and on sunny days, it's really warm, so it's nice to get outside in the fresh air.

It's harder to dance on the grass than on a level floor, but just getting outside and getting that fresh air is quite appealing.

Q: What about the space itself: makes it a good spot to dance?

A: It's beautiful to be by the riverbank, and as an open flat space we can actually dance in.

The riverbank is also attractive to us because we have people that come to watch us. In some ways, we hope to get some new members that way, but it's also just for the entertainment of others. We like to perform.

Q: Do you get a lot of passersby stopping to check out the dancers?

A: Absolutely. And where we are on the riverbank, there are a few cars and pedestrians there, and some of the people know we're going to be there, so they'll come out on a bench and watch us dance. We have regulars who come down just to watch.

Q: What sort of dances do you do?



Dorothy McQueen, who has been a member of the Saskatoon International Folkdance Club for 20 years, strikes a pose by the riverbank where the club rehearses during the winter months. BRIDGES PHOTO BY MICHELLE KING

A: We try to learn dances from as many countries as possible. We do a lot of Romanian, Bulgarian, Israeli, Armenian, Albanian, Hungarian. A whole mix.

Q: What's the appeal of traditional folk dances, as opposed to say ballroom or tap dancing?

A: It's very communal. These are

village dances where, in the country they originated in, people would get together and do them at weddings like we used to do the hasty and whatever. They're very recognizable dances for those areas.

I can go to any folk dance club in the world, and if they know the dance, we all do it the same way.

When I go to Calgary I can already do half the dances they know.

Q: How many members do you have? How many of them been around as long as you?

A: We have about 55 members. It's half and half. We have some people that were there a long time ago, then lives change, they have kids,

and end up coming back later.

Most of our club members stay as long as they can. We had one member who was with the club from the very beginning. She was 50 when her family moved her to Victoria. If she was still here she'd still be dancing. Once you get that folk dancing in your heart, it's something you stay connected with.

ON THE COVER

This city deserves an institution like this.

— Jason Arbag

LEAP OF FAITH

How a group of volunteers founded the Remai



Jason Arbag became the chair of the Remai Art Gallery of Saskatchewan based in 2011 after the former chair Arthur Koop's death unexpectedly. ARBORE PHOTO BY MARIOLLE BOWEN

By Jonathan Charlton

Jason Arbag drops by the construction site for the Remai Art Gallery once or twice a week.

He comes here just to remind himself the build is actually happening, because there have been times over the past five years when he doubted it

wouldn't.

The structure is beginning to take shape. From just outside the finishing he can see the beginnings of an elevator, and from the second-story window he can see the concrete foundations of the parking lot.

To see the construction from the skyline in the ground, those guys do

ing what they're doing, it's incredible to me, it really is," he says.

Trambling through the roll of blueprints, he excitedly points out other features of the future gallery.

For Arbag, the Remai won't just be a place to hang pretty pictures — it will be a cultural beacon for Saskatoon.

◆ ◆ ◆ ◆

Arbag was appointed as a trustee to the board of the Remai Art Gallery in 2009. While he has always enjoyed visiting museums, he had no real experience running one. He would cover coffee and wine in the museum's cafe.

Whenever my wife and I would

travel, and we've travelled extensively galleries and museums are always on our itinerary."

They also like local art, and attend openings and openings. That was an opportunity to get involved.

He would never have guessed what would happen over the next four years.

It's still mind-boggling to this day that Saskatoon and our gallery has the largest Picasso linocut collection in the world. —Keith McClocklin



A 2012 aerial rendering of the Berns Art Gallery of Saskatoon. photo now submitted photo

As of 2008, the city hadn't yet found its signature piece for River Landing. At the same time, there had been several failed attempts to renovate and expand the library.

There simply was no business case for renovations, as they would have cost the city more than building a whole new gallery.

"As much as I love this building and I love where it sits, the truth is, it's just not fit for use."

For a while, not much happened with the project.

Then, in November 2011, board chair Arthur Knight died unexpectedly.

The board looked for someone suitable to take on the role, and settled on Arlberg.

He doesn't know exactly why he was picked, but admits he was uncomfortable with the uncertainty around the group.

"There were a lot of balls in the air. We didn't have a clear vision, which is obviously a key gallery leadership position."

"We had just lost our chief financial officer. The gallery was considering a capital campaign to finance the new gallery. And just a short time later, our CEO was diagnosed with health problems and was unable to work."

But at some point, decisions had to be made, and you're got to start getting down, and get going on with getting on."

Continued on Page 10

Saskatchewan Government has Proclaimed

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To see the construction now, the pylons in the ground, those guys doing what they're doing, it's incredible to me, it really is. —Aching



(From left) Doug Hudson, Ellen Meyer, Allie Hurl, Myra Lynn, Mayor Dan Claitor and Jason DeGard at the official groundbreaking for the Denver Art Gallery on June 7, 2003. (The events are photo by AP/Wide World)

So it has first board meeting, he set out to rally the troops.

"Five just decade we are going to proceed. We're going to make our bid, we're going to be there in terms of what our plan is and we're just going to march."

It's not hard to see how he did that, so how he ended up at his day job as a senior strategist with communications firm Creative Firm.

Quite simply it's likable and enthusiastic. He speaks with confidence (and perhaps some relief) about the future and he has a brand-wide for

the Museum staff he works with.

Brian Coleman is long time secretary and museum historian, even shops him in the middle of our chat just to say how good a job he's doing.

The city played a huge part in securing provisional and federal funding, Aching said. And the more the board told the story of their vision, the more public support they gained.

But the gallery was faced with a

\$21 million gap it had to raise from the community.

Ellen Meyer put up \$15 million, leaving \$6 million to raise within 12 months in a city of less than 200,000.

If they didn't reach that goal by September 2003, the project would have stalled.

Aching said the work of chief fund-raiser Doug Hudson was key calling it a "one man crusade."

"Denver is a very generous city and supports many things," Hudson said.

But the traditional fundraising

campaigns are for hospital charities or sporting events.

It's not very often that the arts community comes along and says, we need community support for an art gallery."

That made it challenging, particularly with the visual art, to explain why the gallery was important.

Ellen Meyer's donation was critical in getting the project off the ground. At the same time, as the city grows many people think it needs a vibrant arts community, Hudson said.

"I'm convinced that once the art gallery opens, people will be there and say, 'I wish I would have known.'"

The last contribution, from Vaughn Wynn, came in a week before the deadline.

"It was everything we could do just to cross the line," Aching said. But once we reached that goal, I think that's when we all could take a breath."

Not that he could actually take a breath, as his first child had just been born.

Jason has devoted a lot of time to this project over the last four years. It's been practically a full time job for him, some weeks — McClocklin

♦ ♦ ♦ ♦

Around the same time, they began a national search for a CEO.

Gregory Burke had run art galleries for the past 30 years and now had his own new art consulting business.

He wasn't looking to get involved with galleries again. In fact, he was considering an academic job in San Francisco.

But then he saw the job posting with the Mendel, and the plans for the Rempel. He applied and was hired in May 2011.

"My job dropped when I saw what was being proposed," said Burke, adding the donation from Ellen Rempel was "extraordinary."

The team working on the gallery is headed up by Bruce Kiewit, a leading architect in Canada.

Burke jumped at the opportunity to realize a project that will rank among the largest art galleries in Canada.

"It was like finding that Siskiwit was in a particular, go-ahead stage, and that institution will play a major role in regis-

trating the perception of Siskiwit in this city and internationally."

The gallery will be the largest new four-story project in Canada to open in 2016.

It will also feature a café and coloring facilities, and will have rooms to host meetings. There's a lot of "leaving" work to be done there — from shutting down the Mendel corporation and starting another to writing new policies, to creating a new staffing structure.

"There are days when I feel daunted by it. But overall I'm feeling very good. This is a once-in-a-lifetime opportunity to establish a new gallery of this scale. Despite all the challenges, it's exciting for me."

♦ ♦ ♦ ♦

But an art gallery needs art.

And the Rempel has an impressive art in the hole — more than 400, in fact.

The idea for the Process Leaders art exhibit was Ellen Rempel's, Arday said.

Continued on Page 12



The Rempel Art Gallery of Saskatchewan is slated to open in spring 2016. Rempel is the CEO of the gallery.



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It was also the feeling that Saskatoon was in a particular, go-ahead stage, and this institution will play a major role in repositioning the perception of Saskatoon in Canada and internationally. —Gregory Burke

"She knew there were coming to the market and she called us and said, here's the situation, it strikes me the new gallery could really use a signature collection to demonstrate it's for real," he said.

"As soon as we talked signatures up off the floor we realised. But we didn't have a clue how to actually facilitate it."

In January 2011, art dealer Frederick Macdonald, a University of Saskatchewan alumnus, donated six Picasso prints to the school, vice chair Keith McClocklin recalls.

It was during that visit he met Ellen Remer. In June, a small team went to London to meet him and see the rest of his Picasso print collection, which had been stored in pristine condition.

"The colours are just completely vivid and bright and not damaged or faded at all — they're stunning," McClocklin said.

But at the time of the first auction sale, there were only a few weeks to actually get the prints to the Pincus room — a daunting task.

"You can imagine, there would be no time to get the prints to be done — you can't just get any person, you have to get someone who is a Picasso expert."

"Then there were issues of shipping and storage, because we don't actually have the Remer Art Gallery of Saskatchewan built yet."

But they managed. The prints — six in total, counting completed prints and working proof — are now safe and sound somewhere in the province (though, McClocklin won't say exactly where).

"It's still working through to this day that Saskatoon and our gallery has the largest Picasso linocut collection in the world."

The Pincus exhibit grants the Men del's limitations is sharp in fact.

It doesn't have space for that kind of large exhibit, and doesn't have international/standard chaise control or fire suppression, Aberg said.

When the Remer is finished, collections can be displayed there in-



Jason Aberg says creation of the Remer Art Gallery (below the board) to be clear about the gallery's benefits. The price tag is at \$10 million. (MONTANA PHOTO BY MICHAEL HARRIS)

stead of travelling straight from Winnipeg to Calgary.

The project has taken a lot of risk for its cost — with the parkade, it's projected to reach \$50.7 million.

It's never taken criticism of the project to heart, and said it forced the board to "sharpen their pencils" and be clearer about the benefits of the Remer.

"Good enough to not going to be good enough," he said.

Aberg envisions it as a busy local place that could make every last two Sunday afternoons.

It will provide a space for local and school art, host artist talks and kids' activities, and pump up the city's brand as a major western Canadian city.

His time as chair is coming to an end. He'll step down later this year to spend more time with his wife, Kim, 48 months old son Henry and a new arrival due in June.

"Jason has devoted a lot of time to this project over the last four years," McClocklin noted. "It's been practically a full-time job for him, some weeks."

"Being the chair of the gallery is not an easy task, I don't think," Hudson added.

But he believes Aberg is an enthusiastic and passionate believer in the gallery.

Indeed, Aberg believes the Remer will turn dealers into believers. "This city deserves an institution like this."

NEXT WEEK: What are your thoughts on "push presents"? Email bridges@thestarphoenix.com

PARENT TO PARENT

Each week Bridges, in connection with SaskatchewanMoms.com, gathers advice from parents to share with other moms and dads. This week we asked:

Would you stop at just one? Are there advantages to having/being an only child?

"We would love to have more but have decided to stop where we are. I was not an only child...and my children will never experience that. I think kids need other kids around, not just adults. I'm not sure what the advantages would be as an only child as I only see the many advantages of not being an only child. Finally, what they would they share?"
— Alyssa Cornuchick

"My husband and I got a little bit of criticism and judgment (Oh you can't have just one! That's so selfish. She needs playmates. MOM!?) but you get a child you're worried about emotional, but we don't listen. Children will be children. I have heard mothers sibling rivalry, fights, crying in hospital, and my own experience being raised with sisters. So

we are stopping at one, and that's what I want for my family. People can criticize all they want (as they do about EVERY family choice people make) but we know what's right for us and our little baby girl. Advantage? I'm going to get a lot of attention and opportunities, and we have a huge close family web that covers her age, so she will have lots of playmates."
— Colleen Book

"I did not stop at one, so I never saw what the advantages would be. I try to raise them equally and divide my attention between them fairly as far as possible, but having two doesn't make them any less spoiled!" — Carla Contreras

"Despite what my husband wanted I really couldn't

see myself having only one child. Just that having siblings is great for a child as it teaches them so many things in life as well as having companionship with someone close to their age that they can play with and learn from." — Shelly Lambert

"I always said I wanted at least two children because I never wanted my first child to feel alone. Lucky for me, our first pregnancy was twins so our first little guy was only alone for four minutes. I have another baby in a heartbeat!" — Michelle Gaudet

"There advantages of having one, but there are more advantages to having at least two. And besides, the first one was such an angel we wanted more!" — Judy S.



"I wish to have two more or one more, being an only child is not only boring, you don't have that close person to share your feelings with. I have two brothers. Adam & I know what would I do without them?" — Kylie Knight

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SPACES

Spaces celebrates beauty both indoors and out. If you have a living space we should highlight email bridges@thestarphoenix.com

SASKATCHEWAN'S BEST SPACES

Modern family home has open feel

By Ashley Martin

WHO? The Lake family — Tyson lives and their two children

WHAT/WHERE? Their new home in east Regina is Greena on Gardiner subdivision.

WHEN? They moved in four months ago. It's the third house they've built together.

WHY? "We really enjoy the process, the designing and picking and all that," says Tyson.

The couple wanted a bigger house to start a family and "to build was almost the same price as a 1950s bungalow that needed lots of work."

They drew up the floor plan themselves and built with Trade-made Homes, where Tyson works as a construction manager.

"We really wanted something with open living space that we could have lots of people over and yet still have a homey feel to it."

"We wanted it to feel open and simple; we don't like a lot of clutter," adds Britt.

HOW? The colour scheme is a far cry from their last three homes, the first of which was a stretch in Anahawp Place.

The entire house has a light neutral palette, with greys and whites. Their last homes were done in darker colours.

Keeping it neutral allows for adding pops of colours when Britt gets bored, which she says happens often. "I wanted to really make sure we could change it if we needed to."

Wood floors offer warmth and contrast. So does the master bathroom door made from 100-year-old barn wood from Britt's family farm.



SPACES

The design is the same as their last build, with high, vaulted ceilings and lots of natural light. It's an economical home space while making good use of all 1,400 square feet.

"We don't ever want to have a room that we're not going to be using all the time," says Leitz. Opening up all the vault lines, there's lots of light everywhere... It's a kind of created that feels open."

"It feels bigger than it is." The children's bedrooms and bathroom, up a short flight of stairs opposite the master bedroom, are removed from the main living space. They're built above the garage.

The house was insulated with spray foam, which allowed for tighter ceilings in place of attic space. A large, covered second-in deck off the kitchen is another feature they love.

Though Timon is already taking about resale and the next build, it's a happy where they are. "I don't plan on going anywhere."



Authentic Amish Cooking



Copyright © 2014 Authentic Amish

Mock Taco Salad

10 oz. Lean Ground Beef or
Ground Turkey
2 oz. Finely Chopped Onion
1/2 C. Tomato Juice
1/2 T. Red Pepper

1 med. sliced Tomato
Dash Salt and Pepper
1 T. Chili Powder
1 can. Canned Mushrooms
Shredded Cheese



Brown onion and ground beef or turkey, drain well, add spices and tomato juice. Simmer for 10 to 15 minutes. Add mushrooms and cook until well heated. Simmer for a few more minutes. While simmering, fill a large size dinner plate with finely shredded beef lettuce, and then top with half the home salad, and top with the chopped tomato and shredded cheese.

Black Forest Cake

21 oz. Cherry Pie Filling
1 T. Almond Flavoring
8 oz. Whipped Toppings
Frozen

Sliced Chocolate Cake
1 (5.1 oz.) box Instant
Vanilla Pudding
Marshmallows Cherries



2 T. Chocolate Sprinkles
Preheat chocolate cake, baked in a 9 x 13 pan. Mix pie filling and almond flavoring. While cake is still pie filling and almond flakes through the top and spread with cherry filling. While cake warms, pipe cake flakes through the top and spread with the whipped topping. Prepare the pudding with the extra vanilla flavoring and the whipped topping. Decorate with the chocolate sprinkles and marshmallows cherries.

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CITY FACES

WARREN JOHNSON

Bringing twists to a party

By Sean Trembath

When Warren Johnson walks into a party, he knows who wants balloons.

It's easy with kids — almost all of them will want something — but for adults it's different.

"Women will always take a balloon, but men won't. As an adult event you can pretty much ignore the men," he says.

It's the type of knowledge that has become second nature for Johnson after creating more than 30,000 balloons a year. With over a decade as a professional balloon twister and 30 years with it as a hobby, he has filed (and sometimes rejected) almost any request you can think of.

He can make pretty much anything you want — from a single flower to a full golf cart complete with drivers — it's just a question of how long it will take.

"Nothing is more 'vibrant' if it's just a matter of time. I can't change the laws of physics."

Speed is important, especially when dealing with kids. He needs to show out balloon sculptures as fast as possible before attention spans wane.

"My job is to get something into their hands as quickly as possible. After you have 90 to 95 per cent of the kids with balloons that's critical mass, and you've lost them. The kids with balloons aren't paying attention at all," says Johnson.

As certain characters get popular, he sees a change in the requests he gets. Not long ago, every little girl wanted a bear and arrow because of *Brave* and the *Hunger Games*. More recently kids have been asking for monkeys from *The Despicable Me* series.

Sometimes, time constraints dictate what a kid gets. If a child wants Mulan from the *Mulan*, which takes a lot of time, they might have to settle for Spider-Man, who can be done with two balloons.

"I don't have between five and seven minutes for each child at an



Shutterstock's best balloon-twister, Warren Johnson, with a unicorn-and-rainbow balloon. Images credit to Shutterstock

event," he says. "To be honest, I get bored if something takes three minutes."

He can also tailor his work to the situation making more elaborate figures if time allows.

"I have three versions of just about everything. I have the one balloon monkey, the two balloon monkey and the five balloon monkey," he says.

Johnson got his start performing

mostly for family something he says almost any entertainer will tell you. He gradually started getting more gigs, and with them, more confidence.

"The nice thing about being an entertainer is nobody asks for a contract. So when you just start out, all you say is you can do it. Then you go and do it, and you might not do it very well, but you also aren't charging much,"

he says.

As time went on, his act and reputation improved, and he was able to charge more and get better balloons and customers. For the first decade he arranged bookings around various day gigs. Finally, about two years ago he was able to start booking full time.

Now he goes through at least 1,000 balloons a month. That number goes

thus doubles in busy times. He works parties and corporate events, and is a regular at two restaurants in town. In fact, he sometimes gets calls from parents asking if he will be anywhere that evening.

"I say no, but tell them to get their favorite restaurant to book me," he says, laughing.

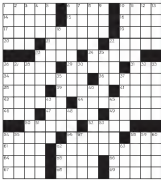
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http://www.warrenjohnson.com

CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 Painter John ____ Aster
8 Musical closing
10 Items soaked cake
14 Biscuit
15 Request under no duress
16 Not many
17 It's all about Southern location location
19 Kansas City ____
23 Lubrication for axles
25 Farming
27 Insect ____ quality
28 Narrow weed white
29 Willow tree
30 Cleaning tool
31 Adult
32 White House advisory
34 Philosopher who wrote "It is difficult to find truth from the chaos they reveal"
35 "Hogwarts Kitchen" for girls
36 Most of "Madness"
38 Hint for the potatoes
40 Taps
42 Tackles
44 Pretends to be strong
46 Rocky Mountain ____
47 It's pine
48 Causes of glaciers
50 Caprice
52 Tridac
54 Lobby
56 Iron oxide
58 Red tree
59 Weak evidence
62 Diverse for Bushnell
64 Hey, wait a sec
65 "Come ____"
66 Have formation of
67 House of the Three Moons
68 Kind of party
69 Ice language



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4 "Honest" ____
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6 Southern tip of South America
7 Factory ____ing day
8 City near Wright-Patterson Air Force Base
9 Warham ____
10 Count of roses
11 Occasional sandwiches and toasts
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13 off balance
14 Cover ____
15 Hostess ____
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JANRIC
CLASSIC
SUDOKU

Level: MILD

Fill in the blank cells so that each row contains the digits 1 to 9, each column contains the digits 1 to 9, and each 3x3 subgrid contains the digits 1 to 9.

The difficulty level ranges from Beginner (1) to Expert (9).



Sudoku is the crossword puzzle of the 21st century. See the Sudoku guide on page 27.

ON THE SCENE

SOUP SISTERS SASKATOON LAUNCH

Soup Sisters Saskatoon held its inaugural soup-making event at the SIAST Kaskoy Campus on Feb. 13. Community leaders, chefs and about 30 volunteers were on hand to make 200 servings of soup, which were then delivered to Interval House, a shelter for women and children who are victims of domestic abuse. Soup Sisters will be held monthly and community-minded people are encouraged to cook, learn and eat together. For more information, call 306-220-6603.

Since the volunteer-driven Soup Sisters and Both/Bothers began in Calgary in 2009, over 250,000 servings of soup have been made by thousands of volunteers in cities across Canada. At each monthly event, a chef guides volunteers in preparing the soup, while a representative from the local shelter talks to participants. Everyone enjoys a meal together once the soup is done. This monthly soup donation decreases the operating costs of shelter recipients by 18 to 30 per cent.

1. Chef Kevin Solecki (left) and Sharon Schellenberg and Mayor Don Ivison

2. M.A. Curry Toohar and Sharon Hopton, founder of Soup Sisters

3. Dawn Thomas, Shynne Thomas and Saskatoon Tribal Council Chef Felix Thomas

4. David Gee and Saskatoon Police Chief Clive Wright



BRIDGES PHOTOS BY GREG PENDER

ON THE SCENE

SOUP SISTERS SASKATOON LAUNCH

5. Val Maslin, assistant director of Interval House

6. Nazem Muhareze, Kathryn Gies and Garry Toews

7. Nadia Ghazali and Jens McPhoe

8. David Gert and Saskatoon Tribal Council Chef Felix Thomas

9. Fey Gebreab and Karen Gekkon

10. Yara Morris, Angela Morris, Tracy Young-McLellan and Mitch Margens



EVENTS

MUSIC

Wednesday, Feb. 19

Big Dave McLean
Buds on Broadway,
817 Broadway Ave.

A Tribe Called Red
O'Brien Event Centre,
241 Second Ave. S.

Thursday, Feb. 20

The Rockkicks
Crackers Restaurant &
Lounge,
1-237 Main Street St.

Big Dave McLean
Buds on Broadway,
817 Broadway Ave.

Just Jaws The Brett Baker
Trio
The Basement,
202 Fourth Ave. N.

Mobina d'Almeida w/ Me and
the Duke and Modding
Donkey
Vangelis Tavern,
501 Broadway Ave.

Whitney Ellis
Whisper's English Pub,
243 21st St. E.

Friday, Feb. 21

Bryan Adams
TCU Place,
22nd St. W.

Big Dave McLean
Buds on Broadway,
817 Broadway Ave.

Philo Fazio w/ Maurice
Drouin
Public Service: The Gary, James
Steele and Gusty Smith
The Basement,
202 Fourth Ave. N.

The Backslows
Army and Navy Club,
209 First Ave. N.

Coyote White
Tooe Town Tavern,
3330 Fairlight Dr.



Canadian musician Bryan Adams will perform Friday at TCU Place. GARY SAWATSKA/REUTERS

Doug Boomhower Trio
Machlys Robinson,
2130 Eighth St. S.

Barfly's Rhythmic Kings
Fairfield Seniors' Centre,
102 Fairmount Ct.

Children of Broken
Lovers' Pub,

93 Campus Dr.

Fractal w/ Def 3 and Bill
Bluesway
Annapolis Centre,
632 10th St. E.

Da Decorum w/ The Depart-
ment Heads and Alex Sher-
ton from Seaside Poetry

Vangelis Tavern,
801 Broadway Ave.

Artt Blau
Plozz's Pub and Grill,
1403A Midway Dr. N.

Saturday, Feb. 22
Big Dave McLean

Buds on Broadway
817 Broadway Ave.

Philo Fazio: The Arena
Pigeon's Beasts
The Basement,
202 Fourth Ave. N.

The Backslows
Army and Navy Club,
209 First Ave. N.

Driftwood
Nuzena Legion,
3021 Louisa St.

Phoebos
Downtown Legion,
606 Spadina Circle W.

Erion Paul Di Giuseppe
McNally-Bellheim,
3330 Clough St. E.

The Official Jersey Jam w/
Paw Kid Stevie and Infre-
vious
O'Brien Event Centre,
241 Second Ave. S.

Om'fest 3 w/ Flatfarts,
Fifty Senioritas and Slow
Down Melodians
Armpits Central,
652 10th St. E.

Jaymes w/ Famine, Real
Hard Juke, Liberal and Kier
Vangelis Tavern,
801 Broadway Ave.

Artt Blau
Plozz's Pub and Grill,
1403A Midway Dr. N.

Sunday, Feb. 23

Driftwood
Nuzena Legion,
3021 Louisa St.

Tuesday, Feb. 25

Gorgeous Blue Dogs
Buds on Broadway,
817 Broadway Ave.

ART

Mendel Art Gallery
1143 March 30 at 960 Spar-

drings from the National
Gallery of Canada, and These
Nelson Walls of Intrigue and
Calendars of Curiosity, the BBC
Artist by Artistic selection
is Time Layered by Gwyn
Kjok and her event, June
J. Jacobs. The Child Taken
exhibition is in the gallery
auditorium until March 2. Na-
thun West leads a workshop
for ages 13 and up on drawing
comic-style faces, Feb. 23, 2
a.m. To register call 306-975-
8444. Figure Drawing Boot
Camp: one day adult draw-
ing studio, March 15. Register
by March 10, call 306-975-
8444. Visit www.innvalley.ca.

PAVED Arts
Until Feb. 22 at 204-204 St.
W. Inspiration by Mural
Chairs, in the AKA space

Station Arts Centre, Bos-
ton
Until Feb. 22 at 701 Sully
Ave. In Southern Prairie Re-
construction Works by Dor-
othy Knowles, Joe Rufford, Will
Perrault, Greg Hasty, Allen
Rego and Marlene Cole. All Ser-
vices Centre, Feb. 25 until
March 29. An ever-expanding
installation of pencils of sheer
fabric that each one represents
a single living being, kept and
maintained by Martha Cole

A Finley Gallery
Until Feb. 22 at 813 Broad-
way Ave. Put a Window in It by
Michael Hovav. New works
inspired by recent experi-
ments with metal working.

Humboldt and District Mu-
seums and Gallery
Until Feb. 22 at 601 Main St.,
Humboldt. From Many Pro-
ject! Stargazing by Michael
Magnussen. A Local Perspec-
tive exhibit of watercolours by
Bob Plozz, until March 29

SCVP Gallery
Until Feb. 26 at 252 Third Ave.
S. Wild at Heart by Melissa
Atwood and Shannon McFar-
land. Reception Feb. 22, 1 p.m.
to 4 p.m.

What you need to know to plan your week.

Send events to bridges@thestarphoenix.com

PHOTO COURTESY OF THE CANADIAN LIGHT SOURCE

Gordon Seagrave Gallery

Until Feb. 25 at 191 Murray Building, U of S Cinema Lucida. Films about photographers, Tuesdays at noon. U of S MFA Candidates Artist Talks. Midwestern Bowling "The Rejected Opposite," Feb. 19 at noon.

People Star Gallery

Until Feb. 26 at 1136 Eighth St. E. Out the Blue. What happens when imagination collides with workshop reality? Artists and guests.

Hues Gallery

Until Feb. 28 at 1818 Linn Ave. Acrylic Landscapes by Nikki Ault. Reception Feb. 22.

St. Thomas Mass Gallery

Until Feb. 28 at 1437 College Rd. Pressing Matters. New works by Ink Studio members.

Green Ark Collected Home

Until Feb. 28 at 321 32nd St. W. New works by Cameron Mark Watt. www.cmark.ca

Peelbridge Centre

Through February at 713 Goussier Cres. Bethlehem Art Group. A variety of mediums and techniques including psychopaint, acrylic, watercolor, fabric, digital as well as glass.

Derrill Bell Gallery

Until March 1st 465-305 2nd St. E. Works by local artists: Zachary Lang, Chris Neufeld and Allan Nelson.

The Gallery at Pleasanton

Until March 6 at 228 7th Ave. S. Local Code. As the Crow Flies. New oil paintings presenting well-known nature sites around Saskatoon.

Centre East Galleries

Until March 9 at The Centre. Displays by the Saskatoon Scale Models in Royal Gallery, Jade Gallery, Amber Gallery, Diana Gallery and Chinese Gallery or displays by the Ukrainian Congress and the Saskatoon Public School Board in Indigo Gallery; display by the Saskatoon Public School Board in Magnets Gallery.

Ukrainian Museum of Canada

Until March 15 at 912 Spadina Cres. E. Tania Shchepochka. The Muse and



Tours are available for the Canadian Light Source (CLS) SKODAUS On-Exhibit

the Voice. A multimedia exhibition celebrating the 20th anniversary of the folk hero's birth.

The Gallery at Frances McRae Library

Until March 27 at 311 2nd St. E. Stories from Local History. Photographs from local history's collection. Reception Feb. 16, 7 p.m.

Handmade House Showcase

Until March 31 at 719 Broadway Ave. Meet the Winter Blues & group show featuring the variety of crafts members create.

Black Raven Gallery

Open through the winter at Northside Antiques on Highway 3. After 4 p.m., a group show.

The Spring Collection

Until April 30 at the eighth floor of the Dulles Building. Presented by Kelving Fine Art. Recent sculpture and modern contemporary art. Works by Raphael Gifford, John, Michael Anthony, Toni Schmitt, William Miller and Tim Ashken.

Wet Paint Pottery

Regional art classes and programs at 7-310 8th/9th St. E. Visit wetpaintpottery.com or call 308-333-3215.

SPECIAL EVENTS

Canadian Light Source (CLS) Public Tours

Feb. 20, March 20 and April 17 at

1:00 p.m. and 7 p.m. Learn about the CLS's contributions to science research, including health, medical imaging, materials and materials. Pre-registered is required. Call 366-657-3664 or email outreach@lightsource.ca. For information visit www.lightsource.ca/education/visits or cls_tours@cls.ca

Story Circle for Adults

Feb. 21, 7:30 p.m. at the Ukrainian Congregation of Saskatoon, 213 Second St. E. The anecdotal theme is travel. Bring a diary or come to listen. Potluck snacks are welcome. Call 366-653-5032 or visit saskatoon-storycircle.ca.

Stevens & Golden: The Last World War

Feb. 22, 1 p.m. and 7:30 p.m. at Rory Theatre. Saskatoon Symphony Orchestra's latest music event. With pianist conductor Gill Dawson. Based on Sir Arthur Conan Doyle's 1912 novels, the 1925 film follows an expedition to a lost mesa where dinosaurs still roam and returns to London with a horrendous cost.

A Little Magic!

Feb. 22, 7:30 p.m. at The Delivery. Paper Teacher and Anna E bring their magic show to the stage. An interactive, comedic experience.

30th Annual AA Abroad 2014 Model Train Show

Feb. 22-23 at The Western Development Museum. Models will be on hand. Workshop. With an array of model

train layouts on display. Email abroadshow@gmail.com

Flux Night

Feb. 24, 7:30 p.m. at Grace Westminster United Church. Presented by Grace Westminster United Church and the Yorkton Film Festival. Shortened Ground, a documentary that looks past the rhetoric and emotional arguments to find the real issues involved in fracking (hydraulic fracturing). Following the film, a dialogue will be led by environmentalist Peter Proffitt and a economics professor Jacob Moshin with host J.R. Dringali.

12th Annual Saskatoon Blues Festival

Feb. 26 to March 2 at various venues around Saskatoon. Featuring Canadian and international artists. With Rusty French, Omar and the Howlers, Gus Kanzer & Moque Davis, Tommy Castro and the Parliaments, Stadelstein & John and Trudell Jackson. Visit www.saskatoonbluesociety.ca.

The Broom: Youth Media Festival

Feb. 26-28 at Broadway Theatre. Contest by Broom Society. Featuring films and videos about cyberbullying, global citizenship, social change and finding your passion. With artist talks with the filmmakers, an audience panel discussion, a hands-on workshop spotlighting digital storytelling with smart phones, and a video contest film. For young people ages 12 to 16 visit www.thebroom-outfitter.ca.

THEATRE

Home Theater

Feb. 19, 10:30 a.m. at The Delivery. A one-act play by Michaela Theatre, performed by Truich. Presented by Wide Open Children's Theatre. An interactive and comedic play with strong messages to send. Hand-drawn. A series of vignettes woven together that embody new prosperity in its purest form. Featuring break dancing cowboys, a fire breathing dragon and a space alien named Ricky.

Event organizers are a non-profit organization. Tickets will be sold at a price of \$10.



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Annex at the
MAY 29, 2014,
TCU PI a Ce

For a nomination package, contact WCA Saskatoon blennay@wcasaskatoon.com 306-266-7036 x 122 www.wcasaskatoon.com

Tickets go on sale on Pricerite starting Feb. 3 www.pricerite.com/wcdistinctionawards



OUTSIDE THE LINES

Colouring contest

Each week, Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, take a picture taken with the finished product and email it to bridget@thetownhomer.com. One winner will be chosen each week.



Last week's contest winner is Logan Nease. Thanks to everyone who submitted entries!



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GARDENING

#GARDENING ON THE CHEAP

Saving seeds easy on the planet and the wallet

By Maureen Trosach

Seed saving was once the province of thrifty old-time gardeners, looking to save money on their annual seed bill. While this undeniably remains a benefit, the majority of modern seed collectors are motivated purely by their desire to preserve our planet's ever-shrinking genetic resources, rather than financial concerns.

Whatever your reasons, there are some important points to consider. Many outdoors sold by seed companies are the result of painstaking and deliberate crossing of pure breeding lines, resulting in hybrids. These hybrids (F1 hybrids) are very uniform, and are often exceptionally vigorous and productive. To reach the same way that a mongrel dog is often sturdier and healthier than either of its parent parents.

However, seeds collected from these hybrids will be a wilder throw than those of genetic breeds, a few good, some bad, and most average. This is what is meant when a plant is described as not "saving true from seed." In some cases, the hybrid may not produce its wild seed at all, just as a male is hybrid between a horse and a donkey is typically sterile.

Look for open-pollinated, heirloom or heritage outdoors. The open-pollinated seeds are the product of natural pollination by wind, insects, birds, or mammals, rather than by direct human intervention. There will be some natural variability in seeds collected through this process, but less extreme than would occur in seeds collected from hybrid plants.

Pots and beans are among the easiest candidates for the novice seed sower. The large seeds are easily harvested and store well. Most importantly, they are largely self-pollinating, which means the offspring will strongly resemble the parent plants.

Collecting seeds from cross-pollinated species is slightly more complicated. If you are growing a particular herbaceous outdoor and wish the seed to remain true to type, you must prevent



A handful of colourful and tasty heirloom beans. Beans are among the easiest candidates for the novice seed sower. PHOTO COURTESY ANN LORENZOLINI

cross-pollination by itself.

Always select the best, healthiest, most vigorous plants in your garden for seed collection. Avoid collecting seed from diseased plants, and don't base your selection on a single criterion. Saving seed from the earliest tomato plant in your garden may save an excellent specimen as you don't know when it will be at its peak, and if it is also weak, spindly and afflicted with vertical stem wilt, it is a poor choice of parental material.

Be ruthless when culling undesirable plants; you want them out of the

garden pool before they've had a chance to contaminate it.

There are excellent resources about the practical details of collecting, storing and starting seeds. Check your local bookstore or library for titles. I would also recommend *Seed Saving and Seedsmen's Resources* at <http://homepages.ccom.ca/~jerry/seedsaving.html> and the website for the Seeds of Diversity's Canadian chapter www.seeds.ca.

Seedsmen incidents might look into the 14th annual seed exchange, *Seed Saving*, on March 8.

GARDENING EVENTS

SEEDY SATURDAY

March 6, 11 a.m. to 4 p.m., St. Mary's Elementary School, 307 Ave. N.S. A family-friendly seed-for-a-plant event, seed saving and the future of sustainable living. An initiative of Seeds of Diversity Canada and hosted locally by OEDP. A \$2 donation puts you affiliated to the seed saving education world with topics in preservation and storage of collections. Lunch is available for \$7 or pay what you can. For more details: www.seed.org

ASK ELLIE

Spouse's reaction to adversity completely normal

Following are letter questions from my online chat. The Boredom Buster: Jan. 20

Q: I thought the man I married was perfect! Three years later, I still love him, but he has showed me his other sides and I wonder if we'll last. He got laid off suddenly two years ago, and became depressed, feeling like a failure.

He no longer landed a better job, than his father did. He now just works and comes home to brood. He'll watch TV with me to try to be company, but inside he's a hurt son. Can we regain the bliss we once felt?

Ask Ellie

A: The one-two punch of lost work followed by death of a parent, are heavy blows. His reaction's normal, not some lasting flaw in his character.

He needs grief counseling and he needs your understanding. Grief he's seeing a professional, encourage him to trust you, too, with his feelings about his father.

Then, you can plan together some

Ask Ellie



steps to light up your life. Start slowly by socializing with closest, comfortable friends.

Q: When do you know if a steady relationship's good enough, or the lack of passion will lead to divorce? I love my wife and we were passionate at the beginning. But since we had children, she's withdrawn the sex to once or twice a month.

Obviously we get along well, trust each other, and enjoy the kids. I just don't know when I'll not be able to rekindle my need for more.

Ask Ellie

A: Ask The Question and listen. She's hinted your sexual relationship for

some reasons you haven't heard. Discuss gently, without blame, to share you want to understand.

Does the fear another pregnancy? Is she overworked? Has her changed life got her feeling depressed? Has her feeling of libido just changed?

If you both discuss the possible answers, there are optional steps to pursue together, e.g., a medical check-up, providing her having more sleep in the house, more secure birth control, counseling for depression.

You're still together if you want to keep it that way, you have to get proactive so it doesn't. The next sexual intimacy she has to make you aware of her needs, and then you can both look at consequences.

Q: My wife and I dynamic when I met her—loved to go out, travel, try new things, meet people and learn new skills.

We've been married five years, have two youngsters, and she's changed completely.

The main rule—we can only go out

if my mother can babysit (only relative here). We can't travel due to too many doctors to check on places, her job or other cities.

Every night we're at home and it's laundry or vacuuming. How can I get my adventure back?

Ask Ellie

A: Since on a different adventure now, protecting young kids. If you can afford to hire a babysitter when she comes to trust, she'll start to go out. Also this helper can do some chores, as she can relax more.

It's a transitional period for her, with huge feelings of responsibility as a mother. Show her you can also care for the kids while she goes out for a break. A, age, appointment can help her start thinking of herself again.

Talk about single future adventures—e.g., a weekend getaway in a child-friendly place. As the kids get more outside, she'll welcome change.

UNTIL2005 she's become obsessively nervous about their health and safety. In that case, a talk with her doctor and a therapist may be needed.

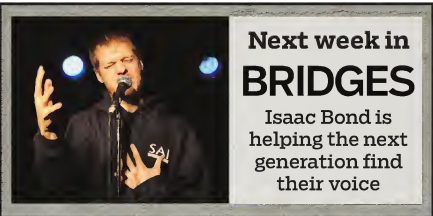
Q: I love my fiancé, she's honest legal way, everything I could want. Except her personal interests—she skips our life and we—centre in shopping, gossip, and celebrities. Currently, every evening together is about the wedding and honeymoon plans. I get that. But everything else goes back to those things I don't care about. She's sensitive, so how do I tell her?

Ask Ellie

A: Try to make her world about a book together, perhaps a celebrity biography is start, and talk about the history of that person besides the hype.

Be honest, but not insulting. Say you're not interested in gossip unless it affects your lives. No different perhaps than her disinterest in baseball statistics.

Compliment her shopping taste but say she doesn't have to share details. However you should participate in shopping for furniture and decor that'll be part of your life, too for years.



Next week in BRIDGES

Isaac Bond is helping the next generation find their voice

READ MY BOOK

BY ROBIN AND ARLENE KARPAN

Sleeping with Rhinos chronicles spectacular places

The two-toe monster stares at us through the front door of our tiny tent. Its long curved horns pointing like a dagger. If that's not enough to stir us from slumber fear of rhinos dies have to succumb. Without warning, a gentle breeze off, sending bits of gravel flying against our tent. Sleepers again will we complain about not getting close enough to rhinos.

It was that content while camping in South Africa's Namibia National Park that inspired the title of our latest book *Sleeping with Rhinos — Journeys to Wild Places*. It deals with 12 of the world's most spectacular wild places that we have visited over the years while working as travel writers and photographers.



Robin and Arlene Karpan

Join us as we track the incredible big cats of Africa, marvel at the spectacle of Mexico's great marine migrations, and get personal

with fully hairy anteaters in isolated Argentina. Watch the sun rise over the world's largest and most colorful sand dunes in the Namibian desert, then venture to the Atacama Desert where rivers slice through the world's most scorching dunes. Trek the foot of Africa in northern Ethiopia where barbed fences form our chains dropping into Africa. Roam through the wilds of Patagonia, endure the infamous "Drake Shake" on a voyage to Antarctica, and paddle over burling rapids on Easter Island.

Our adventures range from close encounters with Africa's Big Five to whistled Mammoths while living in an igloo in the Arctic, a fish feast in the Kalahari Desert, and an attack

by a bad tempered mouse. Along the way, we find wild places relatively untouched by our rapidly changing world, and others teeming with the brink.

An underlying message of the book is that the world's special places and special wildlife will only survive if people know about them and care about them. Above all, *Sleeping with Rhinos* is an escape from our increasingly over-crowded, over-processed, and over-confirmed world to extraordinary corners of the globe where wilderness is still valued and Mother Nature still has some clout. *Sleeping with Rhinos* is available for \$16.95 from better bookstores and from www.parklandpublishing.com.



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(OR AS SOME LIKE TO CALL IT THE "TOON TIME" STORY)

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TOON TIME!

FREE FAMILY FUN!

Looking for activities during the February break?

studioXPRESS is a free art-making space at the Mendel Art Gallery. Materials and inspiration are provided—drop in anytime and get creative!

studioXPRESS is open most weekdays, evenings, and all day on weekends until 9 p.m. Fun for families and visitors of all ages.

M Mendel Art Gallery

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Email bridges@thestarphoenix.com
or visit **Bridges on Facebook**

SASKATCHEWAN FOOD TRENDS

Traditional bannock moves into the mainstream

By Jenn Sharp

Many cultures can lay claim to a traditional flat, quick bread, or pastry of some kind.

Holstenian is the stuff of legends in the Mennonite community where I attended high school. The deep fried pastry, which puffs up and fills with bag air pockets during frying, is commonly served with raisin-stuffed syrup and/or sausage.

Asia has what can best be described as a fried bread stick, or Chinese doughnut (you're not known by various names in Thailand it's pathongkol, the ashed doughnut is served usually at breakfast with rice congee or soy milk for dipping).

Canada's First Nations and Métis have delicious bannock, which was first introduced to Canada by the Scottish.

All of these breads are equally delicious for one reason: simplicity. Flour, water, shortening, salt and sugar is all it takes. At StarPlace's first volume at Amy Jo Rhoads' recent event, the traditional bannock ingredients were enhanced to make a lighter, fluffier bread with the advent of baking powder.

Bannock is popping up frequently at restaurant menus in Saskatchewan. Traditional Aboriginal dishes made from bison, elk, venison, rabbit and root vegetables are also becoming more common. The Garden Cafe in the Saskatoon Inn offers several choices thanks to executive chef Doug Hymel's Scottish background.

Wassukewin Heritage Park's restaurant is a brightly lit and informal place to sample Aboriginal cuisine. The bannock here is fluffier than anywhere else I've seen and comes in a generous portion alongside a robust serving of bison chili or rabbit stew, both served with the soup of the day for \$5. Accompanied by a cup of morning tea (described as an "inkered"

dessert" by the shading red hot jelly), it makes an affordable \$18 lunch.

To fulfill a hankering for bannock in Regina, try the Salinas Junction Gas and Convenience Store, located west of the city on Parker Road. Scott's Ark Cafe, part of the Four Winds Grouse and Lowskip, supplies the fried bread fresh every morning.

The Hollows in Saskatoon has fried bannocks and homemade preserves on the menu as well. Still, while Wild Oatsmeat Catering at the Saskatoon Farmers' Market has a huge baked slice of bannock and butter for \$1.

I heard rumors that Big Al's has the best bannock in Saskatoon. Made fresh every morning, it's often sold out by noon.

The jewel Allen Perreault opened his restaurant last May. It's located in the First Creek Gas station at the corner of 46th St. W. and Ave. P in Saskatoon.

The bannock is good enough that he's the first one many schools call to cater First Nations fairs days. He's even entered a traditional wedding service or two.

Perreault learned his bannock-making skills from his Métis parents. He perfected his ordinary skills through decades in the restaurant industry most recently at Dakota House Casino.

Big Al's menu staple, the fried bannock, was normally a treat saved for special occasions in the past. Baked bannock, prepared in large wagon wheel shapes, was the norm.

He sells fresh bannock as well, often adding fresh or dried fruit. He'll make a hot cross bun version at Easter. When chili or stew is on special, a saute herb bannock accompanies it.

Have you tried bannock as a Saskatchewan restaurant worth writing about? Drop me a line.

jenn@thestarphoenix.com
Twitter: @jennsharp



The SUE's bannock and stew show First Nations heritage. Pink located north of Saskatoon. BRIGGS PHOTO BY MICHELLE BORG



Manukewin's bannock and rabbit stew for lunch will set you back just \$7. BRIGGS PHOTO BY MICHELLE BORG



Baked, not fried, bannock, like this generous slice from Wild Car Cafe, Catering, is how the quick bread was usually consumed in the past. BRIGGS PHOTO BY JENNA SHARP

WINE WORLD

#NERO D'AVOLA

A taste of Sicily in this even-tempered wine

By James Romanow

To be a wine enthusiast, you need to suffer a form of Attention Deficit Disorder, which means you get bored with a wine easily and move on quickly. This gives you an edge in adopting new trends because you are likely to have been there and done that by the time the general public catches on.

If you read folks such as myself, or talk to sommeliers and their ilk, you will have heard a couple of themes in the last two years. Sicily and Spain. Some of this is just the thrill of the novelty, but a great deal of these wines' appeal is their sheer drinkability and decent pricing.

These are wines you can drink constantly. They have a medium body, good acidity and sweetish tannins, all of which allow for several years of aging and easy pairing with pretty much anything.

Nero d'Avola is native to Sicily and was until recently only found in Italian restaurants with Neapolitan or Sicilian owners. (Mindus in New York were great fans of the wine.) It is a wonderfully even-tempered wine which was made the first in a province, the terrain was already in the background and it's just bright enough to keep you drinking the stuff all night.

If you have been enjoying trestles in the wind or market place and I was extremely pleased to see a bottle that wasn't a blind hit the shelves.



Abbazia Santa Anastasia is a lovely balanced wine made by winemakers who care. Great with fatty meats and hard cheeses, it'll stand up to beef, lamb or just sit on the couch with some pizza and a book.

Abbazia Santa Anastasia, Nero d'Avola, Italy, 2012 \$35 (best alert)

More wine for context in Monday's paper or on Twitter @jromanow.

Crossword/Sudoku answers

JACOB	COBA	ABBA			
ARONA	ASAP	AFEW			
GEOGRAPHY	STAR				
SAP	BLEAT	PIETY			
	LATH	OSIER			
EMER	GUNUP	NSC			
VOLTAIRE	MEMOIR				
ADAM	OMIT	AGNE			
DECEIT	LIPSINGS				
CLUB	CRACK	WATERS			
	CRACK	LOON			
FOYER	BAORE	CUE			
EVEN	CARIS	ELANC			
MADD	OMIN	OMETO			
ALPS	STAG	XENON			

7	9	1	5	8	6	4	2	3
4	6	3	1	7	2	5	8	9
1	2	8	9	4	3	1	6	7
5	7	4	8	6	5	3	9	2
2	3	6	7	9	1	8	5	4
9	8	5	2	3	4	6	7	1
3	5	7	4	2	8	9	1	6
8	4	9	6	1	7	2	3	5
6	1	2	3	5	9	7	4	8

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FOR COMPANIES HIRING BUT UNABLE TO ATTEND THE EVENT IN PERSON DUE TO SCHEDULING OR TRAVEL ISSUES

WHAT YOU GET

- Company logo and up to 30 adverts describing the opportunities you are recruiting for, posted within our booth on-site, given Job-Find Meet & Greet
- Leader Post and StarPhoenix representatives will collect and deliver your recruitment job find information who express an interest in applying to companies listed on our Job-Find Job Wanted Ads Board
- You may opt to participate in Job-Find when you can't attend in person
- Great ways to have representation in front of upwards of 1,000 job seekers looking for immediate work opportunities

INVESTMENT \$250

RESERVE YOUR JOB FIND PACKAGE TODAY!

jobfind@leaderpost.com

306-667-8300

jobfind@starphoenix.com

LEADER POST

The StarPhoenix

